

Modes No More Mystery Part 1

C-Ionian
D-Dorian
E-Phrygian
F-Lydian
G-Mixolydian
A-Aeolian
B-Locrian

To build a more interesting and creative modal progression take the 1st 4th 5th chords from the key.

Example

C – F – G

The next step will be to add a pedal tone to the chords in this case C will be added to emphasize the mode. C Ionian chord progression will look and sound likes this.

Example C Ionian scale to be played over this chord progression

C/C – G/C – F/C – C/C

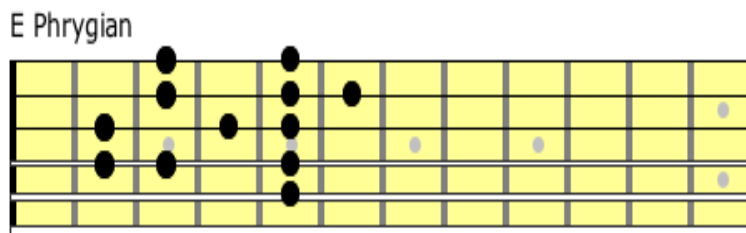
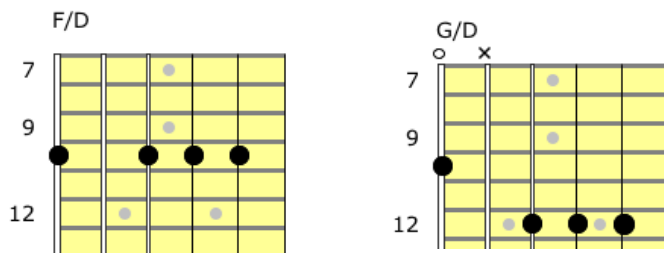
The image displays four guitar fretboard diagrams. The first three are chord diagrams for C/C, F/C, and G/C, each with an 'x' above the first fret indicating a muted string. The C/C diagram shows notes on strings 2, 3, 4, and 5. The F/C diagram shows notes on strings 2, 3, 4, and 5. The G/C diagram shows notes on strings 2, 3, 4, and 5. The fourth diagram, labeled 'C Ionian', shows the C Ionian scale across the fretboard, with notes on strings 2, 3, 4, and 5.

Dorian

To build a Dorian chord progression, same key and idea applies take the 1st 4th 5th chords taken from the key of C and apply the root note D as the pedal tone.

Example D Dorian scale to be played over this chord progression

F/D – G/D – F/D
F/D can also be played as Dm7



Phrygian

To build a Phrygian chord progression, same key and idea applies take the 1st 4th 5th chords taken from the key of C and apply the root note E as the pedal tone.

Example E Phrygian scale to be played over this chord progression

F/E – G/E – F/E
F/D can also be played as Em7

